

YSJ COMMUNITY FESTIVAL

Programme

Saturday 8 June 2024
10.00am to 4.00pm

York St John University
Sports Park, Haxby Road
YO31 8TA



To find out more
and book your
tickets, visit

yorks.j.ac.uk/ysj-community-festival



Est.
1841

YORK
ST JOHN
UNIVERSITY

YORK ARCHERS



i2i INTERNATIONAL
SOCCER ACADEMY

KILLEX

MOVE IT
OR LOSE IT!®



Activities

Face painting

- 🕒 10.00am to 4.00pm
- 👤 Ages 3 and over
- 📍 Funfair corner

Assault Course

- 🕒 10.00am to 4.00pm
- 👤 Ages 5 and over
- 📍 Funfair corner

Climbing Wall

Minimum height 1.1m tall, between 18kgs to 108kgs

- 🕒 10.00am to 4.00pm
- 📍 Funfair corner

Archery

Fancy yourself the next Legolas or Katniss? Come have a go at archery! We'll show you how to shoot real arrows with real bows.



- 🕒 10.00am to 4.00pm
- 👤 Ages 10 and over
- 📍 Grass pitch

Bowls

Come down and join Rowntree Bowls in this open session, where you will have the opportunity to learn the game from club members. No prior experience needed, all ages welcome!

- 🕒 10.00am to 4.00pm
- 👤 Suitable for all
- 📍 Rowntree Bowls, Mille Crux, Haxby Road, YO31 8JN



Move it or Lose It

Are you over 60 and wanting to stay active and independent and have fun along the way? If so, come along to this exercise class designed specifically for you. You'll get a top to toe low impact workout to help prevent injuries and falls, with the promise of no floor work! It will be welcoming, social and fun, and can be done seated with chair support or standing.

- 🕒 10.00am to 10.45am
- 🕒 11.00am to 11.45am
- 👤 60 and over
- 📍 HX100 – indoor classroom

Tai Chi

The perfect antidote to the stresses and strains of modern life, join this session of Lee style T'ai Chi for a gentle sequence of flowing movements which will provide you with a deep feeling of relaxation and wellbeing. This session is open for adults of all ages and abilities, you don't need to have any experience to join in.

- 🕒 10.00am to 4.00pm
- 👤 Ages 18 and over
- 📍 Sports Hall

Activities

Kixx

Kixx

At Kixx our goal is simple: To have a positive impact on every child at every opportunity. We do this through an innovative programme which offers a high energy, fun, age-appropriate introduction to physical activity through football. Our football programme has been carefully designed for both boys and girls between the ages of 2 and 10 years of age. Our sessions have been created and developed by professional footballers and trained coaches who use the best games, drills, exercises and materials which are age appropriate.

Each 40-minute session provides a fun, playful, safe environment which encourages children to develop a positive sense of themselves, respect for others, a positive disposition to learn new skills, and a sense of pride in their ability to master them.

- 🕒 10.00am to 10.40am 2 year old
- 🕒 11.00am to 11.40am 3 year old
- 🕒 12.00pm to 12.40pm 4 year old
- 👤 1.00pm to 1.40pm 5-6 year old
- 🕒 2.00pm to 2.40 pm 7-8 year old
- 🕒 3.00pm to 3.40pm 9-10 year old
- 📍 Pitch 2



i2i INTERNATIONAL SOCCER ACADEMY

i2i Football Academy

Develop precision, control and power with our i2i Football Academy skill challenges designed for aspiring players aged 6-13, featuring power shot, keepie up, and free-kick target wall activities. Drop in and out of these challenges as many times as you like.

- 🕒 10.00am to 3.00pm
- 👤 Ages 6 to 13
- 📍 Pitch 1

Sports Science workshop

- 🕒 11.00am to 1.00pm
- 👤 Suitable for all
- 📍 HX025 – Human Performance Lab

Communitas Choir

Communitas choir will be leading a fun singing session for all! As well as singing some of our songs, we will be doing a warm-up with the audience, and teaching some pieces for us all to sing together. You don't need to read music, just be willing to come along, join in and have a great time!

- 🕒 11.30am to 12.30pm
- 👤 Suitable for all
- 📍 Sports Hall

🟡 Booked session 🟢 Open session

🟡 Booked session 🟢 Open session

YSJ COMMUNITY FESTIVAL

Activities

Community Gardening ●

Join the YSJ Community Garden Team for a hands-on session all about growing tasty green treats in your garden! During the session, you can also hear more about how students at YSJ are caring for their campus through regular garden activities.

- 🕒 12.00pm to 4.00pm
- 👥 Suitable for all
- 📍 Meet at reception



YRFLC Wheelchair Rugby ●

Come along and try this fun, fast-flowing and social version of Wheelchair rugby led by York RLFC. Anyone over the age of 10 can take part, no experience or special equipment is required.

- 🕒 1.00pm to 2.00pm
- 🕒 2.00pm to 3.00pm
- 👥 Ages 10 and over
- 📍 Sports Hall

Let's Do Uni ●

Experience a taste of university: take part in ambassador-led student society sessions. You will also have the opportunity to create a student society of your very own and design a stylish graduation hat based on your aspiration for the future!

- 🕒 1.30pm to 4.00pm
- 👥 Ages 7 to 11
- 📍 HX100 – indoor classroom



Down the Line Tennis Academy ●

- 🕒 2.00pm to 2.40pm
- 🕒 2.40pm to 3.20pm
- 🕒 3.20pm to 4.00pm
- 👥 Suitable for all
- 📍 Outdoor Tennis Courts



YSJ COMMUNITY FESTIVAL

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Map

Haxby Road

Car park

Tennis courts

Pitch 2

Pitch 3

Entrance

Sports Hall

Archery

Pitch 1







York city centre, additional parking, and Rowntree bowls

Fun fair activity corner

Assault course
Climbing wall
Face painting

- 1 Face painting
Assault course
Climbing wall
- 2 Archery
- 3 Bowls
- 4 Move it or Lose it
Let's Do Uni
Sports Science drop-in
- 5 Tai Chi
Communitas Choir
YRFLC Wheelchair Rugby
- 6 Kixx
- 7 Community Gardening
- 8 i2i Football Academy
- 9 Down the Line tennis academy

Key

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|---|--|---|---|
|  | Information and registration desk |  | First aid station and lost child point |
|  | Toilets |  | Food vans
• Hog Roast Yorkshire
• YO31 Wood Fired Pizza Company |
|  | Café, classroom, seating area and sports science lab |  | Chocolate and Co, and Graham's Ices |

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 DOWN THE LINE TENNIS ACADEMY

ONE CLUB. TWO TEAMS
 #RISEUP

 i2i INTERNATIONAL SOCCER ACADEMY

 Kixx
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