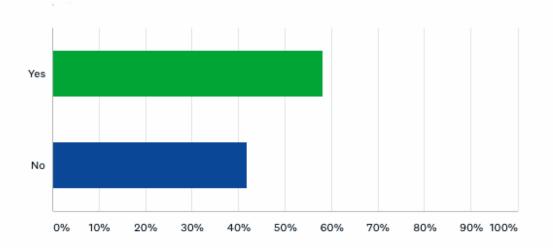


Mentoring Perceptions

Christine Ware high 10 - The Career Doctor

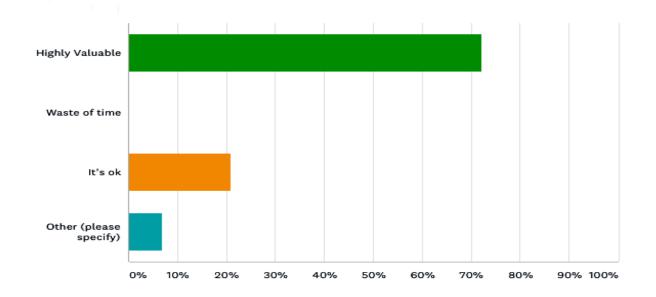
York St John University

Have you ever been Mentored before?



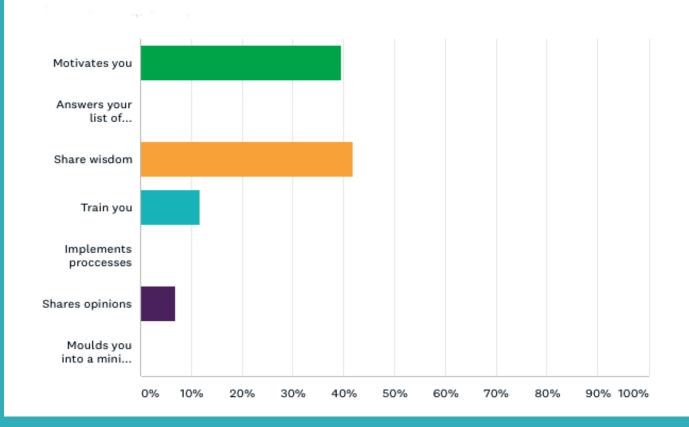
ANSWER CHOICES	▼ RESPONSES	•
▼ Yes	58.14%	
▼ No	41.86%	,
TOTAL		

What is your perspective of Mentoring?

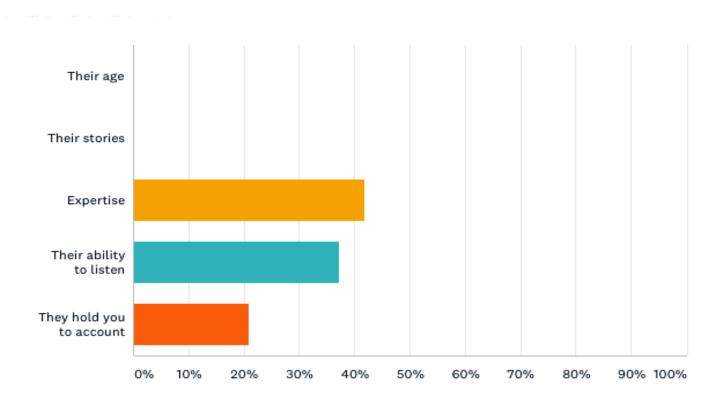


ANSWER CHOICES	-	RESPONSES	-
▼ Highly Valuable		72.09%	
■ Waste of time		0.00%	
▼ It's ok		20.93%	
▼ Other (please specify)	Responses	6.98%	

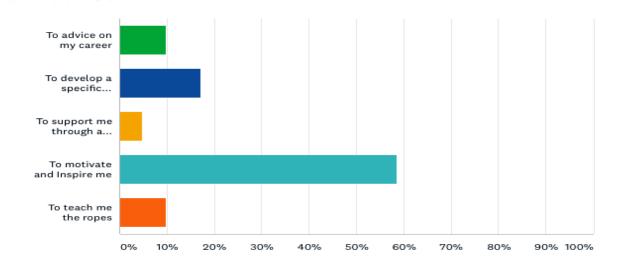
What do you think the role of a Mentor is?



What are the qualities of a great Mentor

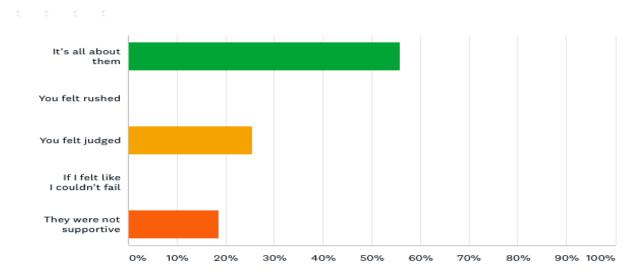


What is the main reason you would work with a Mentor



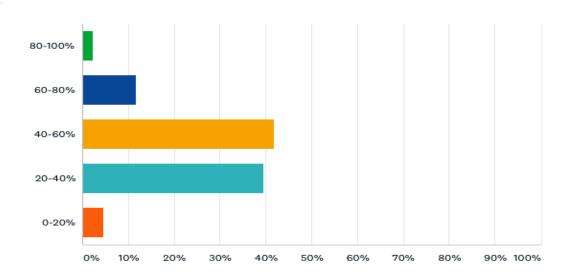
ANSWER CHOICES	▼ RESPONSES	•
▼ To advice on my career	9.76%	
▼ To develop a specific project	17.07%	
▼ To support me through a difficult time	4.88%	
▼ To motivate and Inspire me	58.54%	
▼ To teach me the ropes	9.76%	
TOTAL		

What would the turn offs be in a Mentor



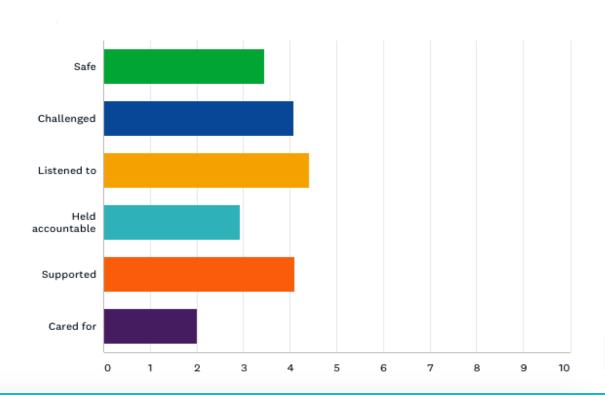
ANSWER CHOICES	▼ RESPONSES ▼
▼ It's all about them	55.81%
▼ You felt rushed	0.00%
▼ You felt judged	25.58%
▼ If I felt like I couldn't fail	0.00%
▼ They were not supportive	18.60%
TOTAL	

What % of talking do like your Mentor to do in your session

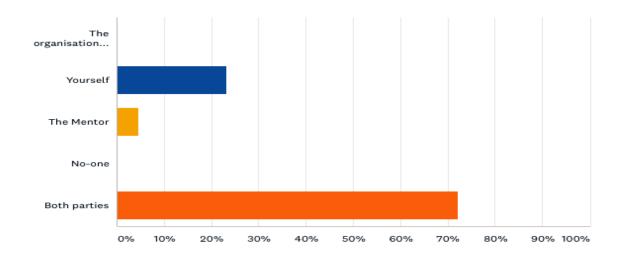


ANSWER CHOICES	▼ RESPONSES	~
▼ 80-100%	2.33%	
▼ 60-80%	11.63%	
▼ 40-60%	41.86%	
▼ 20-40%	39.53%	`
▼ 0-20%	4.65%	
TOTAL		

How do you want to feel when being mentored - order 1-6 in order of preference

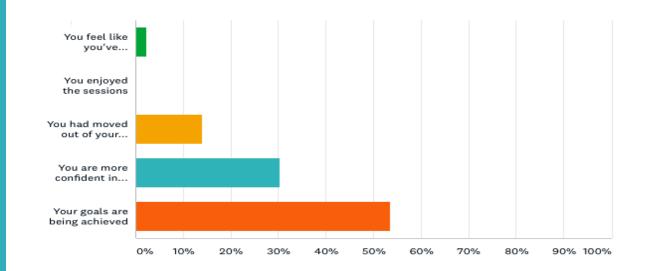


Who do you feel is responsible for the Mentoring session



ANSWER CHOICES	▼ RESPONSES	•
 The organisation you work for 	0.00%	
▼ Yourself	23.26%	
▼ The Mentor	4.65%	
▼ No-one	0.00%	
▼ Both parties	72.09%	
TOTAL		

How would you know if the Mentoring process had been successful for you?



ANSWER CHOICES	▼ RESPONSES
▼ You feel like you've understood a lot	2.33%
▼ You enjoyed the sessions	0.00%
 You had moved out of your comfort zone/s 	13.95%
▼ You are more confident in yourself	30.23%
▼ Your goals are being achieved	53.49%

Christine's CRIMES

- **C** Criticise
- Responsibility
- Interrupt
- Mini-Me
- Effusive Talking
- S Solution-Focused



Christine's LAWS

- Listen / Love / Laugh
- A Advance
- W Willingness
- Safe / Supported



Thank You!

Mentoring is a brain to pick, an ear to listen, and a push in the right direction.

— John Crosby



Christine Ware - Career Coach/Mentor