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2016

YORK ST JOHN  
**COMMUNITIES  
CENTRE**

# Bereavement Awareness

## (CPD Accredited)

**Location** – On Campus

**Course Fees** – £110

(concession rate available, see website for eligibility).

### **Dates**

24 November 2025 | 10.00am to 5.00pm | On campus

02 February 2026 | 10.00am to 5.00pm | On campus

22 April 2026 | 10.00am to 5.00pm | On campus

15 June 2026 | 10.00am to 5.00pm | On campus



To find out more and book your place  
please scan the QR code or email  
[business@yorksj.ac.uk](mailto:business@yorksj.ac.uk)



**CPD**  
**CERTIFIED**  
The CPD Certification  
Service

# Bereavement Awareness

On this CPD accredited training course, develop an in depth understanding of grief, bereavement and mourning, and some of the key differences between them. We will explore the signs and symptoms of grief, and how to look out for it in children, young people and adults. This course will help you support people in a variety of different settings, who may have experienced a loss or bereavement. You will develop your understanding of the different theoretical models of grief and how these may be applied to everyday life and professional practice.

## Who is this course for?

This course would be useful for anyone working with people who have experienced a loss or bereavement, including:

- Allied health professionals, for example, psychologists and occupational therapists
- Coaches
- Counsellors
- GP's
- HR Professionals
- Managers
- Mental health practitioners
- Nurses
- Social workers
- Support workers

This course is available to qualified professionals, those in training and anyone who may be supporting someone who has experienced loss. No experience level is required to access this course.



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## What will I learn?

This training will equip you with the essential skills necessary to build a compassionate and supportive environment for adults, children and young people facing bereavement. You will learn:

- How to recognise key signs: understand the signs and symptoms of bereavement to look out for in adults, children and young people.
- Effective communication: learn the appropriate language to use when supporting a grieving adult, child or young person.
- How to identify and implement better working methods for your organisation, school or college to enhance the support system

## Course leader biographies

Stef Bricklebank has 26 years of experience designing, facilitating and evaluating a diverse range of groups. Stef is a freelance practitioner for Bereaved Children Support York (BCSY) and through her work has developed this training and thus had it certified by CPD UK.

With a PGCE in the post 16 sector, Stef is a qualified youth worker. She also has a postgraduate qualification in Dramatherapy and BA (Hons) in Communication Arts/Drama.

Based in York, Stef is an educator and therapeutic facilitator offering 1 to 1 and group sessions and motivational speeches.

Stef's facilitative approach creates a comfortable and supportive space for participants to share, learn and explore with others, Stef's dedication to helping individuals achieve personal growth shines through in her engaging, positive and practical sessions.