

A person-centred military, transition and adjustment journey





Recruit

Explore reasons for joining the armed forces

Culture entry

Hofstede – construct of culture (behind the wire)

Human needs met

Maslow – Hierarchy of human needs

Values adopted

Hofstede – embedded values, emotive language

Creation of identity

Erikson – Stage 5 Hofstede 'I' versus 'We' Investment in others



Adjustment

Kübler Ross – Adler – culture shock – emotional experience for S/L and family – Hofstede from 'We' to 'I' identity – CV writing?

Transition preparation

Has it been planned, has it been overlooked, realistic?



Decision to

leave

What are circumstances, impact on family dynamic.

Career progression

Maslow – self-esteem, prestige. Inclusion of family, deployment



Status achieved

Acceptance, completion of training, purpose, belonging

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