A person-centred military, transition and adjustment journey

Recruit
Explore reasons for joining the armed forces

Culture entry
Hofstede – construct of culture (behind the wire)

Human needs met
Maslow – Hierarchy of human needs

Values adopted
Hofstede – embedded values, emotive language

Creation of identity
Erikson – Stage 5 Hofstede 'I' versus 'We'
Investment in others

Adjustment
Kübler Ross – Adler – culture shock – emotional experience for S/L and family – Hofstede from 'We' to 'I' identity – CV writing?

Transition preparation
Has it been planned, has it been overlooked, realistic?

Decision to leave
What are circumstances, impact on family dynamic.

Career progression
Maslow – self-esteem, prestige. Inclusion of family, deployment

Status achieved
Acceptance, completion of training, purpose, belonging

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