

York St John University subscribes to [Cite Them Right Online](#) a referencing tool that includes the APA style. The [APA Style blog](#) which includes multiple examples, is also useful.

Your referencing includes two main parts:

- a citation within the text of your assignment
- a list of references at the end of your assignment

In-text citation:

Number or type of authors	Author inside the brackets (see examples 1 and 3)	Author outside the brackets (see example 2)
One author	(Walker, 2019)	... Walker (2019) argues that ...
Two authors	(Walker & Allen, 2004)	... according to Walker and Allen (2004) ...
Three or more authors	(Walker et al., 2019)	Research by Walker et al. (2019) shows that ...
Organisation	(York St John University, 2017)	Advice from York St John University (2017) states that ...

Note: et al. should always be used for in-text citations where there are three or more authors. For two authors, both surnames are always given in the citation.

Examples:

1. Excellent study skills are fundamental to academic success (Cottrell, 2010).
2. Cottrell (2010) argues that excellent study skills are fundamental to academic success.
3. “The importance of academic skills should not be underestimated” (Cottrell, 2010, p. 19).

The reference list – key examples

Your reference list should be completed in alphabetical order by author’s surname, regardless of the type of source. Only sources that you have directly cited in your work should be included; a separate bibliography is not required.

Multiple authors rule: in the reference list, for sources with up to and including 20 authors, all authors should be listed. Use an ampersand before the final author’s name. For sources with 21 or more authors, include the first 19 authors followed by an ellipsis (...) and then the last-named author.

Books

Format	Surname and initials or author/s (Published year). <i>Title of book in italics</i> . (Edition if later than 1 st). Publisher.
Example Or with DOI:	Maio, G.R., & Haddock, G. (2015). <i>The psychology of attitudes and attitude change</i> (2 nd ed.). Sage. Brown, L.S. (2018). <i>Feminist therapy</i> (2 nd ed.). American Psychological Association. https://doi.org/10.1037/0000092-000

Chapter in an edited book

For books where each chapter is written by a different author, you need to reference the individual chapters within the complete book:

Format	Surnames and initials of chapter author/s (Published year). Chapter title. In Initials and surnames of editor/s (Ed.), <i>Title of book in italics</i> (edition if not the first., page numbers of whole chapter). Publisher.
Example	Hinton, D.P., & Stevens-Gill, D. (2016). Psychometrics in organisational settings. In A. Attrill & C. Fullwood (Eds.), <i>Applied cyberpsychology: Practical applications of cyberpsychological research and theory</i> (pp. 236–255). Palgrave Macmillan.

Journal articles

Format	Surname and initials of author/s (Published year). Title of article. <i>Title of Journal in Italics</i> , volume number in italics (issue number), first page number–last page number. Where doi is used, omit the word doi and use hyperlink.
Example – Article	Bowlin, W.F., Simpson, H., Renner, C.J., Rives, J.M., Midda, M., Field, J., & Curry, S. (2003). A DEA study of gender equity in executive compensation. <i>Journal of the Operation Research Society</i> , 54(7), 751–7.
Example – article with doi	Platt, T. (2008). Emotional responses to ridicule and teasing: Should gelotophobes react differently? <i>Humor: International Journal of Humour Research</i> , 21(2), 105–128. https://doi.org/10.1515/HUMOR.2008.005

Web pages

Format	Organisation name or Surname and initials of author/s (Published year). <i>Title of web page in italics</i> . URL. The words “Retrieved from” are used before a URL only when a retrieval date is specified on the website.
Examples	Nesse, R. (2017). <i>Emotions</i> . http://www.randolphnesse.com/articles/emotions British Psychological Society. (2018). <i>Code of Ethics and Conduct (2018)</i> . https://bps.org.uk/news-and-policy/bps-code-ethics-and-conduct Stein, M.B., & Taylor, C.T. (2019). Approach to treating social anxiety disorder in adults. <i>UpToDate</i> . Retrieved September 13, 2019, from https://www.uptodate.com/contents/approach-to-treating-social-anxiety-disorder-in-adults

Online report or document

Format	Organisation name or Surname and initials of author/s (Published year). <i>Title of report</i> (Report number if applicable). Publisher if different from author. URL.
Example	National Cancer Institute. (2016). <i>Taking part in cancer treatment research studies</i> (Publication No. 16-6249). U.S. Department of Health and Human Services, National Institutes of Health. https://www.cancer.gov/publications/patient-education/CRS.pdf
