



Goal Setting Worksheet

Study Development Worksheet

1. This week's top priority:	
Three tasks I can do to achieve it:	1. 2. 3.
How much time do I aim to spend on it? What challenges do I expect to encounter?	
2. This week's second priority:	
Three tasks I can do to achieve it:	1. 2. 3.
How much time do I aim to spend on it? What challenges do I expect to encounter?	



1. This week's top priority:	
Three tasks I can do to achieve it:	1. 2. 3.
How much time do I aim to spend on it? What challenges do I expect to encounter?	
3. This week's final priority:	
Three tasks I can do to achieve it:	1. 2. 3.
How much time do I aim to spend on it? What challenges do I expect to encounter?	



Support: Study Development offers workshops, short courses, 1 to 1 and small group tutorials.

- Book a tutorial or join a workshop on the [Study Development tutorial and workshop webpage](#) or search 'YSJ study development tutorials.'
- Access our Study Success resources on the [Study Success webpage](#) or search 'YSJ study success.'