YORK ST JOHN UNIVERSITY Library &

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## **Goal Setting Worksheet**

Study Development Worksheet

1. This week's top	
priority: Three tasks I can do	1.
to achieve it:	1.
to acilieve it.	2.
	3.
How much time do I	
aim to spend on it?	
What challenges do I	
expect to encounter?	
2. This week's	
second priority:	
Three tasks I can do	1.
	1.
Three tasks I can do	1.
Three tasks I can do	
Three tasks I can do	
Three tasks I can do to achieve it:	2.
Three tasks I can do to achieve it:  How much time do I	2.
Three tasks I can do to achieve it:	2.
Three tasks I can do to achieve it:  How much time do I	2.
Three tasks I can do to achieve it:  How much time do I	2.

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Study Development

Email: studydevelopment@yorksj.ac.uk



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1. This week's top priority:	
Three tasks I can do	1.
to achieve it:	
	2.
	3.
How much time do I	
aim to spend on it?	
What challenges do I	
expect to encounter?	
3. This week's final priority:	
Three tasks I can do	1.
to achieve it:	
	2.
	3.
How much time do I	
aim to spend on it?	
What challenges do I	
expect to encounter?	

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**Support**: Study Development offers workshops, short courses, 1 to 1 and small group tutorials.

- Book a tutorial or join a workshop on the <u>Study Development tutorial and workshop webpage</u> or search 'YSJ study development tutorials.'
- Access our Study Success resources on the <u>Study Success webpage</u> or search 'YSJ study success.'

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