

Day	Time	Event	Room
TUESDAY	9AM-4PM	<b>Students collect room keys</b> Pick up your room keys from the Porters' Lodge (St Anthony's House) and move into your room.	Porters
	2.30-4PM	<b>ID card collection</b> You can pick your ID card up from the Holgate Desk during this time.	Holgate desk
	2.30-4PM	<b>Badge making</b> You can drop in to design and make your own name badge.	Holgate desk
	3-4PM	<b>Campus tours</b> A tour of campus run by one of our Student Ambassadors.	Holgate Information Desk
	4-5PM	<b>Welcome talk</b> Meet the staff involved in Early Start and find out more about the week.	FT002
	6-7PM	<b>Quiz</b> A quiz night run by the Student Union.	SU
WEDNESDAY	9.30-10.30AM	<b>ID Card Brunch</b> Come for breakfast and another opportunity to collect your ID card.	Dining room
	10.30-11AM	<b>Mindfulness</b> A relaxing mindfulness session run by the Chaplain.	Chapel
	10.30-12PM	<b>Library tours</b> Find out more about how to access resources and spaces within the library.	Fountains Information Desk
	11-12PM	<b>Digital Training</b> Get logged on to university systems and find out how to use them.	FT210
	1-2PM	<b>Making the most of your SU</b> Find out more about the Student Union and the support they can provide.	DG123
	2.30-3.30PM	<b>Cooking demo</b> Learn how to cook delicious and budget-friendly pasta sauce.	Kitchen
	2-3PM	<b>Q&amp;A Cafe</b> Ask the Student Support teams any questions you might have about your support.	Holgate foyer
	2-3PM	<b>Study Development workshop</b>	DG123

		Find out how to get the most out of your studies.	
	3-4PM	<b>Campus tours</b> A tour of campus run by one of our Student Ambassadors.	Holgate Information Desk
	3-4PM	<b>Funding Advice talk</b> Learn more about managing your finances at university.	FT002
	3-4PM	<b>Mood board making</b> A fun craft session where you can make a mood board.	DG123
	4-5PM	<b>Managing your Wellbeing at University</b> A talk from one of our Mental Health Practitioners about managing your wellbeing.	FT002
THURSDAY	9.30-10.30AM	<b>Academic brunch (excluding Education courses)</b> Meet your academics over a relaxed brunch.	Dining room
	10.30-12PM	<b>Library tours</b> Find out more about how to access resources and spaces within the library.	Fountains Information Desk
	11-12PM	<b>Digital Training</b> Get logged on to university systems and find out how to use them.	FT210
	11-12PM	<b>Herb garden workshop</b> Gardening workshop to make your own herb pot for your kitchen or bedroom.	DG123
	1-2PM	<b>Coaster making</b> A fun craft session to make a coaster for your university room.	DG123
	1-2PM	<b>DSA Drop in session</b> Get support from our team to apply for or set up Disabled Students' Allowance	FT210
	2.30-3.30PM	<b>Cooking demo</b> Learn how to cook delicious and budget-friendly pasta sauce.	Kitchen
	2-3PM	<b>Study Development workshop</b>	DG123

		Find out how to get the most out of your studies.	
	3-4PM	<b>Making the most of your SU</b> Find out more about the Student Union and the support they can provide.	DG123
	3-4PM	<b>Q&amp;A Cafe</b> Ask the Student Support team any questions you might have about your support.	Holgate foyer
	4-5PM	<b>SWAN/DSN Session</b> Meet the committee for Students With Autism and Neurodiversity and the Disabled Students Network.	FT210
	5-7PM	<b>Board game cafe</b> A chilled out evening to play some board games.	Library
FRIDAY	9.30-10.30AM	<b>Brunch</b> Come to the canteen for brunch on the final day of Early Start	Dining room
	10.30-11.30AM	<b>Education courses - academic meeting</b> An opportunity for any students on Education courses to meet their academics.	Dining room
	11AM-12PM	<b>How to make the most of your DSA support</b> A session run by the Learning Support Centre on how to get the most of your allocated DSA support	FT002
	11-12PM	<b>Digital Training</b> Get logged on to university systems and find out how to use them.	FT210
	11-12PM	<b>Careers session</b> Find out more about the Careers support York St John can provide.	Launchpad
	1-2PM	<b>Sensory bottles</b> A fun craft session to make a sensory bottle.	DG123
	1-2PM	<b>Learner Adjustment Plan drop in</b> If you don't have a Learner Adjustment Plan yet or would like to edit the one you have, come along to this session.	FT210
	2-2.30PM	<b>Mindfulness</b>	Chapel

		A relaxing mindfulness session run by the Chaplain.	
	2.30-3.30PM	<b>Cooking demo</b> Learn how to cook delicious and budget-friendly pasta sauce.	Kitchen
	3-4PM	<b>Healthy Relationships</b> Learn about managing relationships with others while at university, whether this is romantic, platonic, or just people you live with.	FT002
	4-5PM	<b>SU 'What next' session</b> Find out more from the Student Union about what to expect from Welcome Week.	FT002